

Park Willow Ltd  
Park Lodge, Park Ave  
Wortley, Sheffield, S35 7DR

Mind, Body, Spirit Retreat Weekend  
3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup> August 2007

Booking Form

(one per person, please photocopy if necessary)

Please reserve me a place on the weekend retreat at a cost of £199 pp to include 2 nights twin/double room accommodation with breakfast at Wortley Hall, Lunch Saturday and Sunday at Park Willow with BBQ on Saturday night. I enclose £50 pp deposit (non refundable) balance to be paid 2 weeks prior to event.

Once we have received your booking we will send you confirmation, directions and the programme for the weekend. Please return both sheets, thank you.

Name \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_ Postcode \_\_\_\_\_

Tel. No: Day \_\_\_\_\_ Evening \_\_\_\_\_

Mobile: \_\_\_\_\_ Email: \_\_\_\_\_

**To help your weekend run smoothly please supply the following information:**

Preferred Activities: HydroSpa/Sauna, Nordic Walking, Drum Workshop,  
Aromatherapy/Indian Head Massage Workshop,

Special Dietary Requirements \_\_\_\_\_

Do you have any disabilities? Details \_\_\_\_\_

Please tell us your height (for Nordic Walking Poles) \_\_\_\_\_

Any other considerations we need to be aware of? \_\_\_\_\_

## Park Willow Terms and Conditions

1. A £50 deposit is payable before a booking can be accepted.
2. A contract is not made between us until we have issued written confirmation and your deposit or full payment has cleared.
3. The payment of the final balance must be received by us no later than 2 weeks prior to your booking.
4. Any bookings made less than 2 weeks prior to the date of your booking must be paid in full.
5. We have the right to alter or cancel any booking we cannot keep for reasons beyond our control. If this happens, we will use all reasonable efforts to offer you an alternative, or alternatively, we will refund to you all monies paid by you to us.
6. We will not accept responsibility for any loss, injury or damage to you or your property unless there was willful default by us, or our agents.
7. You are responsible for recompensing third parties for any loss or damage.
8. Notwithstanding any other provision in these terms and conditions, we do not attempt to exclude or limit our liability for death or personal injury resulting from our negligence in any way.
9. The agreement between us shall be governed by English Law and all parties to it agree to submit to the jurisdiction of the English Courts.
  
10. Park Willow hydrotherapy spa and infrared healing sauna are maintained to a high standard in line with guidelines recommended by the British and Irish Spas and Hot Tubs Association. Whilst every precaution is taken to ensure your health and safety Park Willow are unable to take responsibility for any contraindications which may arise as a result of using our facility. For your health and safety if you have sensitive skin, high/low blood pressure or you are taking prescribed medication, we advise you consult your GP before using our Spa. – Thank You.

I have read and fully understand the conditions above.

Signed \_\_\_\_\_ Date \_\_\_\_\_

Print Name

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### **For Office Use Only**

Date Received: \_\_\_\_\_

Deposit Paid: £ \_\_\_\_\_

Balance Due: £ \_\_\_\_\_ by \_\_\_\_\_ Received \_\_\_\_\_